

Useful links for more information about regulation of food supplements

UK LEGISLATION:

All UK legislation is held at www.legislation.gov.uk which has an excellent search facility. When you have found the correct piece of legislation, look on the left hand side of the page and you will see 'Opening Options'. Click on this and select 'Open whole instrument'.

The Food Safety Act <http://www.legislation.gov.uk/ukpga/1990/16/contents>

Following devolution in 2000, UK Regulations are made specifically for each administration (England, Scotland, Wales and Northern Ireland); links given are for the England Regulations, however the Devolved Administrations of Scotland, Wales and Northern Ireland have equivalent parallel legislation which is appropriate to their administrations.

SUPPLEMENTS

The Food Supplements Regulations (England) 2003

<http://www.legislation.gov.uk/uksi/2003/1387/contents/made>

The Food Supplements (England) and Addition of Vitamins, Minerals and Other Substances (England) (Amendment) Regulations 2009

<http://www.legislation.gov.uk/uksi/2009/3251/contents/made>

LABELLING

The Food Information Regulations 2014

<http://www.legislation.gov.uk/uksi/2014/1855/contents/made>

ADDITIVES REGULATIONS

The Food Additives, Flavourings, Enzymes and Extraction Solvents (England) Regulations 2013

<http://www.legislation.gov.uk/uksi/2013/2210/made>

THE BORDERLINE

The MHRA Borderline Unit determines which side of the borderline a product may fall on a case-by-case basis. They have published Guidance Note 8 to help industry make such determinations for themselves

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/398998/A_guide_to_what_is_a_medicinal_product.pdf

EU LEGISLATION

General food law Regulation 178/2002

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2002:031:0001:0024:EN:PDF>

Food Supplements Directive 2002/46/EC

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=CELEX:32002L0046:EN:NOT>

Regulation 1170/2009/EC amending Directive 2002/46/EC of the European Parliament and of Council and Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards the **lists of vitamin and minerals and their forms that can be added to foods, including food supplements**

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2009:314:0036:0042:EN:PDF>

Regulation 1924/2006 Nutrition and Health Claims

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2007:012:0003:0018:EN:PDF>

LABELLING

Regulation 1169/2011 on the provision of food information for consumers

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2011:304:0018:0063:EN:PDF>

ADDITIVES

The Commission has amended and consolidated additives legislation in the last couple of years:

Regulation 1333/2008 on food additives

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=CELEX:32008R1333:EN:NOT>

Regulation 1129/2011 amending Annex II of Regulation 1333/2008 establishing a Union list of food additives

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2011:295:0001:0177:EN:PDF>

Regulation 1130/2011 Amending Annex III of Regulation 1333/2008 establishing a Union list of food additives approved for use in food additives, food enzymes, food flavourings and nutrients

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2011:295:0178:0204:EN:PDF>

Regulation 231/2012 laying down specifications for food additives as listed in Annex II and III

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2012:083:FULL:EN:PDF>

Regulation 1334/2008 on flavourings and certain food ingredients with flavouring properties for use in foods

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2008:354:0034:0050:en:PDF>

Regulation 872/2012 adopting a list of flavouring substances

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2012:267:0001:0161:EN:PDF>

Directive 2010/67/EC adopting specific purity criteria on food additives other than colours and sweeteners

<http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2010:277:0017:0026:EN:PDF>

KEY ORGANISATIONS & useful links

UK

Please note, most government departments have shifted from individual websites to the catch-all .gov.uk which is hideous and almost impossible to search. If you are looking for a specific URL, try Googling or ask me.

Department of Health (DH)

DH food supplements guidance documents

<https://www.gov.uk/government/publications/food-supplements-guidance-and-faqs>

DH technical guidance on nutrition labelling

<https://www.gov.uk/government/publications/technical-guidance-on-nutrition-labelling>

DH guidance on the NHCR

[https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/204320/Nutrition and health claims guidance November 2011.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/204320/Nutrition_and_health_claims_guidance_November_2011.pdf)

DH guidance on flexibility of wording

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/217005/health-claims-flexibility-of-wording-principles-UK-19-Dec-2012.pdf

Department of Environment, Food and Rural Affairs (DEFRA)

<https://www.gov.uk/government/organisations/department-for-environment-food-rural-affairs>

DEFRA guidance on the FIC (held on the FSA website)

<http://www.food.gov.uk/sites/default/files/fir-2014-guidance.pdf>

Food Standards Agency (FSA)

FSA additives branch:

<http://www.food.gov.uk/safereating/chemsafe/additivesbranch/>

Current approved EU additives and their E numbers:

<http://food.gov.uk/safereating/chemsafe/additivesbranch/enumberlist>

Better Regulation Delivery Office (BRDO)

<http://www.bis.gov.uk/brdo>

Medicines and Healthcare Regulatory Agency (MHRA)

Borderline products

<https://www.gov.uk/decide-if-your-product-is-a-medicine-or-a-medical-device>

Guidance note 8: What is a medicinal product?

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/398998/A_guide_to_what_is_a_medicinal_product.pdf

Committee of Advertising Practice/Advertising Standards Authority

Links to the CAP and BCAP advertising Codes

<http://www.cap.org.uk/The-Codes.aspx>

ASA adjudications

<http://www.asa.org.uk/ASA-action/Adjudications.aspx>

CAP guidance: 'Substantiation for health, beauty and slimming claims'

<http://www.copyadvice.org.uk/Ad-Advice/Advice-Online-Database/Substantiation-for-Health-Beauty-and-Slimming-Claims.aspx>

Europe

European Commission

Food Supplements Gateway

http://ec.europa.eu/food/food/labellingnutrition/supplements/index_en.htm

Nutrition and Health Claims Gateway

http://ec.europa.eu/food/food/labellingnutrition/claims/index_en.htm

Nutrition claims community register

http://ec.europa.eu/food/food/labellingnutrition/claims/community_register/nutrition_claims_en.htm

Health claims community register:

http://ec.europa.eu/food/food/labellingnutrition/claims/community_register/health_claims_en.htm

Novel Foods gateway

http://ec.europa.eu/food/safety/novel_food/index_en.htm

European Food Safety Authority (EFSA)

Health claims home page

<http://www.efsa.europa.eu/en/ndatopics/topic/nutrition.htm>

EFSA Register of Questions (searchable database for health claims submissions)

<http://registerofquestions.efsa.europa.eu/roqFrontend/questionsListLoader?panel=NDA&foodsectorarea=27>

ID numbers for on-hold botanical claims

http://ec.europa.eu/nuhclaims/resources/docs/claims_pending.pdf